

GOOD GRIEF

The background is a dark navy blue with intricate, flowing gold-colored veins that resemble marble or liquid paint. A large, semi-transparent circular graphic is centered on the page. This circle has a dark, textured interior with a subtle pattern of small, shimmering gold dots. The text "GOOD GRIEF" is superimposed on this circle in a large, white, serif typeface.

THE GRIEVING PROCESS

**DENIAL, SHOCK
& BARGAINING** ^{1/7}

ANGER ^{1/14}

SADNESS ^{1/21}

ACCEPTANCE ^{1/28}

SOMETIMES WE NEED A **FRIEND**
SOMETIMES WE NEED A **PASTOR**
SOMETIMES WE NEED A **COUNSELOR**
SOMETIMES WE NEED A **DOCTOR**
SOMETIMES WE NEED A **DR. & COUNSELOR**

ALL THE TIME, WE NEED **FAITH, HOPE & LOVE**
FOUND THROUGH **JESUS** OF NAZARETH.

GOOD GRIEF

The background is a dark navy blue with intricate, flowing gold-colored veins that resemble marble or liquid paint. A large, semi-transparent circular graphic is centered on the page. This circle has a dark, textured interior and a thin, shimmering gold border. The text "GOOD GRIEF" is superimposed on this circle in a white, elegant serif font, with "GOOD" on the top line and "GRIEF" on the bottom line.



ANGER

John 11:30-43

WHAT IS? ANGER

Anger is **a strong feeling of displeasure or annoyance.** It is sometimes considered a secondary emotion. It can be a response or reaction that masks other emotions such as **fear, uncertainty, jealousy, stress, embarrassment, pain,** or our topic in this series, **grief.**

WHAT IS? GRIEF

Grief is the **acute pain** and
natural response to **loss**.

All that stuff about the Cosmic Sadist was not so much the expression of thought as of hatred. I was getting from it the only pleasure a man in anguish can get; the pleasure of hitting back. It was really just... 'telling God what I thought of Him.' And, of course, as in all abusive language, 'what I thought' didn't mean what I thought true. Only what I thought would offend Him (and His worshippers) most. That sort of thing is never said without some pleasure. Gets it 'off your chest.' You feel better for a moment.

– CS LEWIS



IN THE GRIEVING PROCESS

- 1. DENYING OUR ANGER HURTS US AND, EVENTUALLY, THOSE AROUND US.**
- 2. INDULGING SELF-GRATIFYING URGES OF ANGER DAMAGES OUR RELATIONSHIPS, INCLUDING WITH GOD.**
- 3. BRINGING OUR ANGER DIRECTLY TO GOD LEADS TO INTIMACY, TRUST & HEALING IN HIS PRESENCE.**

Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.

Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil.

**EPH
4:25-27**

CHRISTIANS GRIEVE... WITH HOPE

"Brothers and sister, we do not want you to be uninformed about those who sleep in death, so that you do not grieve like the rest of mankind, who have no hope."

1 THESS 4:13-18

HOW WE PROCESS
ANGER AND GRIEF
CAN WEAKEN OUR RELATIONSHIP WITH GOD
OR DRAW US CLOSER.

GOOD GRIEF

The image features a dark blue background with intricate, flowing gold-colored veins that resemble marble or liquid paint. A large, dark blue circle is centered on the page, and within it is a smaller black circle. The words "GOOD" and "GRIEF" are written in a white, serif, all-caps font, stacked vertically and centered within the black circle. The overall aesthetic is elegant and artistic.

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available at www.branchlife.church



**DON'T
FORGET
TO CHECK IN
EACH WEEK**



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SCANNING THE QR HELPS US

WHAT IS YOUR NEXT STEP?

THIS GOSPEL QR IS FOR THOSE WHO HAVE FAITH QUESTIONS

branchlife.church/gospel



NAME

EMAIL

PHONE

RESPONSE, QUESTIONS, PRAYER REQUESTS

I AM A ...

☐ Guest ☐ Regular Attender ☐ Member

TODAY I ...

☐ decided to follow Jesus!


☐ am interested in baptism.

☐ am interested in serving.

☐ am interested in joining a group.

☐ am interested in becoming a member.

☐ am celebrating the salvation of a friend!



COMPLETE THIS CARD ONLINE

☐ salvation of a friend!
☐ am celebrating the
☐ becoming a member.

COMPLETE THIS CARD ONLINE

DO YOU NEED PRAYER?

WE ARE AVAILABLE TO PRAY WITH YOU
NEAR THE PLATFORM AFTER EACH SERVICE

PRAYER TEAM PLEASE
COME TO THE FRONT





JIM COMENZO JAN 7TH.

GOOD GRIEF

WWW.BRANCLIFE.CHURCH



TIM DOERING JAN 14



D. JAY MARTIN JAN 21



JOSH PARK JAN 28