

The background is a dark navy blue with intricate, flowing gold-colored veins that resemble marble or liquid paint. A large, semi-transparent circular graphic is centered on the page. Inside this circle, there is a smaller, solid black circle. The text "GOOD GRIEF" is written in a white, elegant serif font, centered within the black circle. The overall aesthetic is sophisticated and artistic.

GOOD GRIEF

CHRISTIANS GRIEVE... WITH HOPE

"Brothers and sister, we do not want you to be uninformed about those who sleep in death, so that you do not grieve like the rest of mankind, who have no hope."

1 THESS 4:13-18

THE GRIEVING PROCESS

**DENIAL, SHOCK
& BARGAINING** $\frac{1}{7}$

ANGER $\frac{1}{14}$

SADNESS $\frac{1}{21}$

ACCEPTANCE $\frac{1}{28}$



SOMETIMES WE NEED A **FRIEND**
SOMETIMES WE NEED A **PASTOR**
SOMETIMES WE NEED A **COUNSELOR**
SOMETIMES WE NEED A **DOCTOR**
SOMETIMES WE NEED A **DR. & COUNSELOR**

ALL THE TIME, WE NEED **FAITH, HOPE & LOVE**
FOUND THROUGH **JESUS** OF NAZARETH.



GOOD GRIEF

**"ACCEPTANCE ISN'T A PLACE
WHERE YOU ARRIVE, IT IS AN
ACTIVE WAY OF BEING
AND APPROACHING
YOUR DAYS."**

- Derek Sanford



**"I DON'T HAVE TO STOP
MOURNING TO START
MOVING."**

– PASTOR RICK WARREN





ACCEPTANCE

2 SAMUEL 12:14-23

20 Then David arose from the earth and **washed and anointed himself and changed his clothes**...He then went to his own house. And when he asked, they set food before him, **and he ate**

20b ..And **he went into the house of the LORD and worshiped**...

23a But now he is dead. Why should I fast? **Can I bring him back again?**

23b **I shall go to him,** but he will not return to me."

2 SAM
12:14-23

4 ATTITUDES OF ACCEPTANCE

1. RECLAIM HEALTHY DAILY ROUTINES (12:20)
2. REFOCUS ON GOD THROUGH WORSHIP (12:20b)
3. CONCEDE WHAT CAN NOT BE CHANGED (12:22-23)
4. REMEMBER THE LAST CHAPTER IS YET TO BE WRITTEN (12:23b)

4 QUESTIONS OF ACCEPTANCE

- 1. WHAT DAILY RYTHMS DO I NEED TO RELEASE OR RESUME?**
- 2. AM I RUNNING TO GOD IN WORSHIP OR AM I RUNNING AWAY?**
- 3. WHAT DO I NEED TO CONCEDE THAT CAN'T BE CHANGED?**
- 4. HOW CAN I REMEMBER THE BEST IS YET TO COME?**

HAVE YOU ASKED JESUS TO SAVE YOU?

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THE POWER OF WORSHIP

I AM MORNING BUT I'LL KEEP MOVING

I AM HURTING BUT I AM HEALING

I AM GRIEVING BUT ALSO GROWING

I AM WOUNDED BUT STILL WALKING

I AM SAD BUT SAFE IN MY SAVIOR'S ARMS



GOOD GRIEF

WEEKLY CHECK-IN
available at www.branchlife.church



**DON'T
FORGET
TO CHECK IN
EACH WEEK**



www.branchlife.church

SCANNING THE QR HELPS US

WHAT IS YOUR NEXT STEP?

THIS GOSPEL QR IS FOR THOSE WHO HAVE FAITH QUESTIONS

branchlife.church/gospel



NAME


EMAIL

PHONE

RESPONSE, QUESTIONS, PRAYER REQUESTS

I AM A ...
☐ Guest ☐ Regular Attender ☐ Member

TODAY I ...
☐ decided to follow Jesus!
☐ am interested in baptism.
☐ am interested in serving.
☐ am interested in joining a group.
☐ am interested in becoming a member.
☐ am celebrating the salvation of a friend!


COMPLETE THIS CARD ONLINE

☐ salvation of a friend!
☐ am celebrating the
☐ becoming a member.

COMPLETE THIS CARD ONLINE

DO YOU NEED PRAYER?

WE ARE AVAILABLE TO PRAY WITH YOU
NEAR THE PLATFORM AFTER EACH SERVICE

PRAYER TEAM PLEASE
COME TO THE FRONT



